



Advantages of the Embolization Technique



The uterus is spared.



No Incision or Scar.



Less Risk than surgery.



Quicker recovery time (1–2 weeks vs 6 weeks for Surgery).



Treat the Entire Uterus and Multiple fibroids at once.

The whole procedure usually lasts about 30–45 minutes with a 2-hour recovery. After the procedure, patients can return home on the same day. Patients can be moderately active immediately after the procedure and return to full activity after 7 day.



What is UFE?

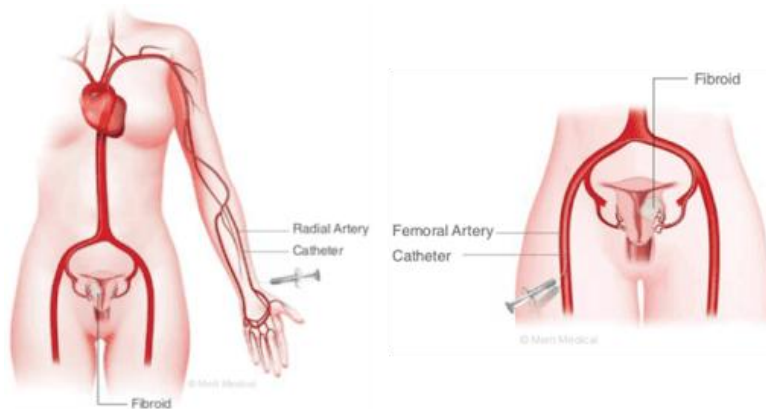
Uterine Fibroid Embolization is a nonsurgical procedure that blocks blood flow to the fibroids, causing them to shrink and alleviate associated symptoms.

Procedural Details

A tiny tube called a catheter is inserted into the femoral artery at the top of the leg or into the radial artery accessed through the wrist. The patient is under sedation or in a 'twilight sleep' during the procedure.

- ◆ The catheter is then guided into the left and right uterine artery using x-ray and a contrast dye to visualize and map the arteries feeding the fibroids.

- ◆ Tiny embolic particles are then injected through the catheter and into the uterine arteries that feed the fibroids, cutting off their blood supply.



- ◆ With the blood supply blocked, the fibroids begin to shrink, but the uterus and ovaries are spared.

The Facts



Up to 25% of all women may be affected by symptomatic uterine fibroids and up to 30–40% in perimenopausal aged women.



African American women are at an increased risk for fibroids.



Symptoms can begin as early as 14 years old.



Experts do not fully understand what causes fibroids.

